Our Lady of Mount Carmel Church

Rev. Bruno Murphy – Parish Priest
Rev. Christopher Doig – Assistant Priest

Diocesan Safeguarding: https://www.rcda.scot/safeguarding
Safeguarding Policy, *In God's Image*: http://www.bcos.org.uk/safeguarding
Parish Safeguarding Coordinator: Mrs. Theresa Allan: mountcarmelpsc@rcd-abdn.org

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The parish is part of the RC Diocese of Aberdeen Charitable Trust, a registered Scottish Charity, SC005122

Sun 18th October: 29th Sunday in Ordinary Time

Date	Liturgical calendar	What's on
Mon 19th Oct	**St Paul of the Cross, Priest** ■	No Mass
Tue 20th Oct	**Feria in the 29th Week of Ordinary Time** ■	No Mass
Wed 21st Oct	**Feria in the 29th Week of Ordinary Time** ■	6.30 pm Rosary; 7.00 pm Mass (*Votive Mass of the Holy Spirit);* Adoration until 8.00 pm
Thu 22nd Oct	**St John Paul II, Pope** ■	6.30 pm Rosary; 7.00 pm Mass *(Polish)*
Fri 23rd Oct	**St John of Capistrano, Priest** ■	**+ 10.00 am Requiem Mass for John McMillan +**
Sat 24th Oct	**St Anthony Mary Claret, Bishop** ■	9.00 am Rosary; 9.30 am Mass 5.30 pm Confessions *(also available before any Mass and upon request)* 6.00 pm Vigil Mass *(Polish)*
Sun 25th Oct	**30th Sunday in Ordinary Time** ■	9.30 am Mass *(English)*

Plans for the re-ordering of the sanctuary in Aberdeen Cathedral: beautyforgod.org

Month of October: the Holy Rosary
30 minutes before every weekday Mass during the month of October we will recite the Holy Rosary.

Confession & Flourishing Project
Does confession help our wellbeing?
Researchers from the University of Glasgow and Wake Forest University are asking this question, and you can help them answer it.
Confession is an important sacrament within the Church, allowing us to receive God's forgiveness for our wrongdoings. Research suggests that receiving divine forgiveness can have a positive effect on our wellbeing. However, research has yet to explore this effect in the context of Catholic confession. Our study will explore the impact of receiving divine forgiveness during confession on wellbeing. It will also explore what other factors might influence our wellbeing, such as our sense of belonging to the Church.
To find out more, click the button below to complete our screening questionnaire, or contact the research team: confession-flourishing@glasgow.ac.uk

Gifford Lecture Series 2026, University of Aberdeen
Professor Jeremy Begbie will be presenting his series: *"Rhythms of Life in God and Music"*, Monday 12th - Thursday 22nd October. Jeremy Begbie is the Thomas A. Langford Distinguished Research Professor of Theology at Duke Divinity School. This unique series will feature musicians throughout – Professor Begbie on the piano with solo musicians, and later in the series, we will be joined by Nova Quartet, Orchestra Nova, and FonCórr. Lectures will take place at 6pm in Elphinstone Hall of the University of Aberdeen. **More Info:** https://www.rcda.scot/gifford-lecture-series-2026/
Registration: https://abdn.site/begbie

Knights of Saint Columba, Culloden
The Knights of Saint Columba will be holding an upcoming meeting and warmly invite members and newcomers to attend: Wednesday, 28th October, 6:30pm at St Columba Church, Culloden.
More Info: https://www.rcda.scot/knights-of-saint-columba-meeting/

Weekend Retreat: Philip's Course 13-15th November at Bishop's House, Aberdeen.
Encounter the Gospel afresh and deepen your personal relationship with Jesus. Open to all ages. For more information, please contact philipscoursecoordinator@gmail.com

Music for Advent: 7th November at the Catholic Chaplaincy, University of Aberdeen. 9.30 am – 1.00 pm
"Music for Advent" Practical Workshop on 7 November, 9:30am - 1pm at University of Aberdeen Catholic Chaplaincy and Kings Chapel. All are very welcome and warmly encouraged to attend, musicians, laity, and clergy alike. For more details and to sign up, please see the attached flyer or email James Greechan (music@cathedral-abdn.org). Please support this pilot event as we look to find new ways to better assist those making music in our parishes.

Monthly Mass for Scotland, Dingwall
Every second Friday, the next being 13th November: 6:30pm Exposition of the Blessed Sacrament, 7:00pm Rosary, 7:30pm Mass. Tea, coffee and fellowship afterwards.
More Info: https://www.rcda.scot/monthly-mass-for-scotland/

Pope Leo XIV
The Pope's doctors have confirmed that he was fit to be discharged from Gemelli hospital in Rome. We continue to keep him in our prayers as he returns to ministry. We especially pray for him during our parish rosaries before Mass.

Render to Caesar the things that are Caesar's, and to God the things that are God's.' (Mt 22:21)

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