



*Our Lady of Mount Carmel
Lent and Easter
Parish Bulletin
2020*



I wish all members of Our Lady of Mount Carmel Parish Family a very happy and Holy Easter, not just on Easter Sunday but for all of the Easter Season. May we rejoice in the resurrection of our Lord!

Father Piotr Rytel

On behalf of the Parish Pastoral Council, can I wish everyone in our parish community, a blessed Easter. Let us all pray that the joy of the coming of Christ be filled in our hearts and bring peace into our lives and those we love. Our faith, as St. Paul tells the Corinthians, rests on the reality of Jesus' Resurrection. We base everything on the truth of the story and our Easter Gospel is a story of living faith, in which we are participants, and to which we are now witnesses.

We are also blessed to bear witness this year, to the redecoration of the place of worship where we traditionally come together to meet, where we feast upon the eucharist and where we find help, hope, and joy in our hearts. We leave church week after week and go out into the world to live out our faith. Through generation upon generation, the stone building that is OLMC has helped people of our faith to bear witness to the Easter truth. This year, as we refresh and enhance its internal shape, appearance and beauty, let us give thanks to all that it has done to help transform and shape people from all over the world, during the liturgical calendar and Easter upon Easter. Always growing, always rising and forever living.

Glen Reynolds

Chairman

OLMC Parish Council

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2020 SCIAF WEE BOX APPEAL- DEMOCRATIC REPUBLIC OF CONGO

Wee boxes distributed at mass on Sunday 1st March 2020

Thousands of women and girls in the Democratic Republic of Congo need your help right now. Decades of conflict and chaos have left a legacy of brutality and lawlessness in society. Today, many thousands of women and girls continue to be left brutally injured, traumatised, isolated and in urgent need of assistance.

Your donations will help SCIAF's life changing work around the world, with matched funding from the UK government transforming the lives of women affected by sexual violence in the Democratic Republic of Congo

WEE BOXES TO BE HANDED IN BY EASTER SUNDAY

WHY NOT PUT YOUR SPARE CHANGE IN THE PENNY JAR IN THE CHURCH PORCH DURING LENT. THE PENNIES GET COUNTED UP AND ADDED TO OUR LENTEN SCIAF COLLECTION – THINK OF IT AS PART OF YOUR LENTEN ALMSGIVING

REFLECT WITH SCIAF THIS LENT

O Lord, God of life, Who cares for all creation, give us your peace.

May our security not come from arms, but from respect.

May our force not be of violence, but of love.

May our wealth not be in money, but in sharing.

May our path not be of ambition, but of justice.

May our victory not be from vengeance, but in forgiveness.

Open and confident, we want to defend the dignity of all creation, sharing, today and forever the bread of solidarity and peace.

In the name of Jesus, your holy son, our brother, who, as a victim of our violence, even from the heights of the cross, gave us all forgiveness.

Amen



We ask our Lady to intercede, to bring peace and an end to violence in our society.

1. Tłusty Czwartek/Fat Thursday – 20th February 2020

Pączki are deep-fried pieces of dough shaped into flattened spheres and filled with confiture or other sweet filling. *Pączki* are usually covered with powdered sugar, icing, glaze or bits of dried orange zest. A small amount of grain alcohol (traditionally Spiritus) is added to the dough before cooking; as it evaporates, it prevents the absorption of oil deep into the dough. The common opinion is that the ideal *pączek* is fluffy and at the same time a bit collapsed, with a bright stripe around – it is supposed to guarantee that the dough was fried in fresh oil.

In Poland, *pączki* are eaten especially on Fat Thursday (*Tłusty Czwartek*), the last Thursday prior to Ash Wednesday and the beginning of Lent. The traditional reason for making *pączki* was to use up all the lard, sugar, eggs and fruit in the house, because their consumption was forbidden by Christian fasting practices during the season of Lent.



2. Shrove Tuesday - 25th February 2020

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday in the United Kingdom. Lent – the 40 days leading up to Easter – was traditionally a time of fasting and on Shrove Tuesday Christians went to confession and were “shriven” (absolved from their sins). A bell would be rung to call people to confession. This came to be called the “Pancake Bell” and is still rung today.

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients.

A pancake is a thin, flat cake, made of batter and fried in a frying pan. A traditional pancake is very thin and is served immediately. Golden syrup or lemon juice and caster sugar are the usual toppings for the pancakes.

The ingredients for pancakes are seen to symbolise four points of significance at this time of year:

Eggs – Creation

Flour – The Staff of Life

Salt – Wholesomeness

Milk – Purity



3. WHAT TIME AND TALENTS CAN YOU GIVE IN THE PARISH DURING THIS LENT AND EASTERTIDE?

FLOWERS

If you wish to make a donation towards the cost of providing flowers for the church you can, not just at Easter or Christmas but all year around.

READERS

Have you ever wanted to read at Mass? We are looking for readers for both the Saturday and Sunday Mass. We will particularly need people to help with the reading of the Passion on Palm Sunday and Good Friday and we will need multiple readers for the Easter Vigil. There will be readings in Polish at the Holy Week and Easter Services as well.

MINISTERS OF WELCOME

Can you help us be an open and friendly church by welcoming parishioners to Church on Saturdays and Sundays and by helping give out and collect mass and hymn books? Why not give it a try?

EXTRAORDINARY MINISTERS OF THE EUCHARIST

Would you be willing to become such a Minister? Training will be arranged

CLEANERS

Our Church and Parish Parlour need cleaning regularly and not just at Christmas and Easter. Many hands make light work. Do you have time on a Saturday morning or afternoon to help with this? We can create a rota

LENT IS TRADITIONALLY A TIME WHEN WE GIVE UP SOMETHING – WHY NOT GIVE SOME OF YOUR TIME AND YOUR TALENTS AND GET INVOLVED? – WE ALL HAVE SOMETHING TO GIVE - NO MATTER HOW SMALL – EVERYONE IS IMPORTANT

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

pietrafitness.com



Lenten Prayer for Transformation

Loving Father,

I invite you into my life today
and make myself available to you.
Help me to become the-best-version-of-myself
by seeking your will and becoming a living example
of your love in the world.
Open my heart to the areas of my life that need to change
in order for me to carry out the mission
and experience the joy you have imagined for my life.
Inspire me to live the Catholic faith
in ways that are dynamic and engaging.
Show me how to best get involved in the life of my parish.
Make our community hungry for best practices
and continuous learning.
Give me courage when I am afraid,
hope when I am discouraged,
and clarity in times of decision.
Teach me to enjoy uncertainty and lead your Church
to become all you imagined it would be
for the people of our times.

Amen

4. ASH WEDNESDAY – 26th February 2020



Lenten Prayer for Ash Wednesday

God of goodness and mercy,

Hear my prayer as I begin this Lenten journey with you. Let me be honest with myself as I look into my heart and soul, noticing the times I turn away from you. Guide me as I humbly seek to repent and return to your love.

May humility guide my efforts to be reconciled with you and live forever in your abundant grace.

Transform me this Lent, heavenly Father. Give me the strength to commit myself to grow closer to you each day. Amen.

Masses will be at 09.30am and 7.00pm

Let today be the
day you give up
who you've been
for you who can
become.

Ash Wednesday

5. FOCUS ON THE SACRAMENT OF RECONCILIATION IN LENT

"Even now, says the Lord, return to me with your whole heart ..." (Joel 2:12). This Scripture begins the first reading on Ash Wednesday and sets the tone for the entire season of Lent. To reconcile with God is the reason for the sacrament of reconciliation.

According to the Rite of Penance, "It is therefore fitting to have several penitential celebrations during Lent, so that all the faithful may have an opportunity to be reconciled with God and their neighbour and so be able to celebrate the paschal mystery in the Easter Triduum with renewed hearts"

Links: <https://www.youtube.com/watch?v=cSJiQ-VNafE>

<https://www.youtube.com/watch?v=a-9-Ai4of0>

<https://www.catholicscomehome.org/your-questions/what-is-the-sacrament-of-confession/>



Sacrament of Penance Four Main Parts

1. Contrition - is sadness for the sin we committed and the desire to sin no more.
2. Confession of Sin - in confessing our sin with the priest we take responsibility for our actions. Seal of Confession...what is it?
3. Penance - since sin weakens our relationship with God the priest gives us an act of penance to show we are truly sorry.
4. Absolution - the priest, in the person of Christ and through the power of the Holy Spirit absolves us our sins by making Sign of the Cross and saying the prayer of absolution

6. DAY OF PRAYER FOR THOSE WHO HAVE SUFFERED ABUSE

Friday 28th February 2020 - 09.30am

The Bishops of Scotland have established a Day of Prayer for those who have suffered abuse to be marked each year on the Friday following Ash Wednesday.

We will be holding a Mass of Acknowledgement, Prayer and Reflection at 09.30am. to comply with this requirement.

The Mass involves –

- readings,
- a homily,
- A time of reflection
- The Litany of the Saints
- praying a decade of the rosary
- Prayers of Intercession
- The Our Father
- The Sign of Peace
- A blessing

The Service should last about an hour

7. SUNDAY MASSES IN LENT

Saturday Mass - 6.00pm

Sunday Mass - 10.30am in English

- 1.00pm in Polish

29th February/1st March 2020 - 1st Sunday in Lent

7th/8th March 2020 - 2nd Sunday in Lent

14th/15th March 2020 - 3rd Sunday in Lent

21st/22nd March 2020 - 4th Sunday in Lent

28th March/29th March** 2020 - 5th Sunday in Lent

** Clocks go forward 1 hour for the start of British Summertime.

8. Weekday Masses During Lent

Monday – Thursday Exposition 9.00am

Mass 9.30am

Friday Mass 7.00pm

Saturday Mass 9.30am

Exposition 10.00am

Lenten Prayer for Sundays during Lent

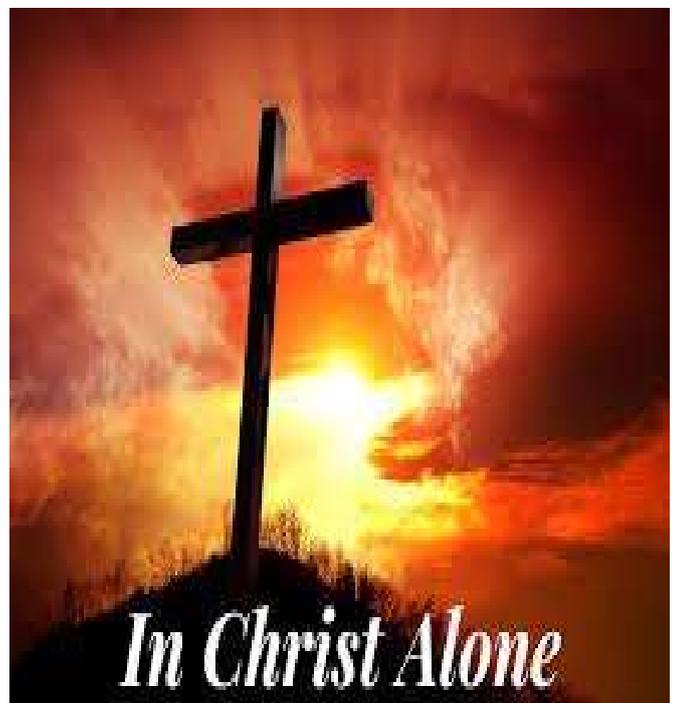
Heavenly Father, As I enter another week of my Lenten journey, guide me to the path that leads to you. Fill my heart with gratitude, patience, strength, and peace as I strive to become the-best-version-of-myself, honestly admitting my shortcomings and sins.

As I renew my resolve each day to become a better person, let me hear your voice in the deepest reaches of my heart. Give me rest in you. Help me to accept others, showing them your great love instead of casting judgment.

Stay with me through the busy days this week and remind me that when I need comfort, solitude, wisdom, or guidance, I can always turn to you.

Help me develop discipline and generosity through fasting and almsgiving and come closer to you through prayer this Lent.

In your name I pray,
Amen.



9. STATIONS OF THE CROSS

In English

4th, 11th, 18th, 25th March 2020, 1st and 8th April 2020

Wednesdays at 7.00pm

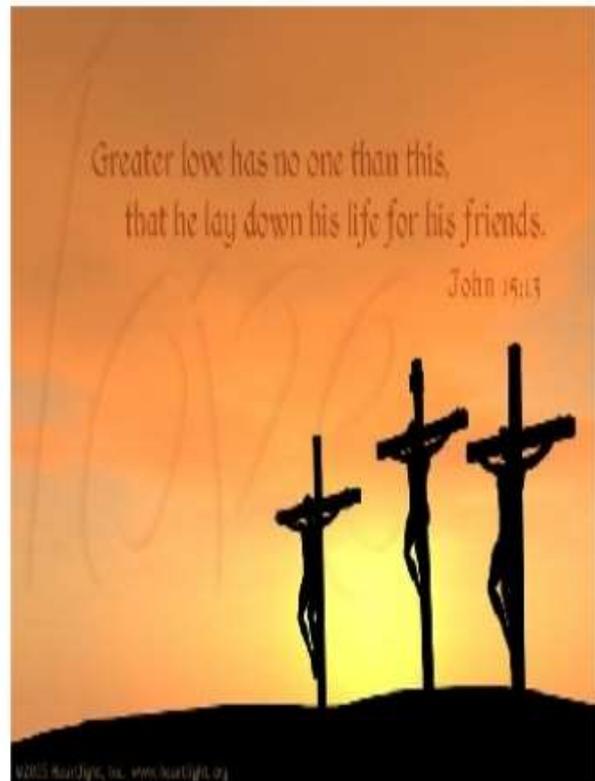
In Polish

28th February 2020, 6th 13th, 20th, 27th March 2020 and 3rd and 10th April 2020

Fridays after Mass at 7.00pm

What are the stations of the Cross?

- The stations of the Cross are 14 representations of the Passion of Christ and Jesus' final moments culminating in his crucifixion and death.
- The stations of the cross play an integral role in Catholic devotion specially during the Holy Season of Lent.



We will be hosting a Stations Mass on Wednesday 18th March 2020 at 11.00a.m. All are welcome. There will be teas in the Parish Parlour afterwards. All donations of cakes, scones etc. will be welcome.

10. World Day of Prayer

WORLD DAY OF PRAYER



Friday, 6th March 2020

SERVICES:

**HARVEST TRINITY, BANFF AT
2.00PM**

OR

**PORTSOY CHURCH CENTRE AT
6.30PM**

ALL ARE WELCOME



*'Rise, take your mat
and walk'*

Written by Christian women of Zimbabwe

11. St. John Ogilvie Mass, Keith 7th MARCH 2020

Join us to celebrate the feast of St John Ogilvie at the Diocesan shrine of his birthplace where he was born in 1579.

Mass will be celebrated at St Thomas' Church, Keith on Saturday 7th March at 14:00, presided by Bishop Hugh Gilbert OSB.

You are invited to come along early and have a look around the St. John Ogilvie Shrine in the Church, guides will be present to show visitors around from 10:00 until 14:00.

Refreshments follow Mass in St Thomas' Church Hall.

Everyone Welcome!



**Celebration of the
Feast of St John Ogilvie**

SATURDAY 7 MARCH 2020
HOLY MASS AT 14:00

ST THOMAS CHURCH, CHAPEL STREET, KEITH

PRESIDED BY
BISHOP HUGH GILBERT OSB

FOLLOWED BY REFRESHMENTS IN THE CHURCH HALL

**COME ALONG EARLY AND HAVE A LOOK AROUND THE ST. JOHN
OGILVIE SHRINE IN THE CHURCH, GUIDES WILL BE PRESENT
TO SHOW VISITORS AROUND FROM 10:00 UNTIL 14:00.**

12. DEANERY STATION MASSES



Across the Diocese of Aberdeen, each week during Lent there are special Masses held called “Station Masses” held across the deaneries.

Would you like to do something more than give up sugar this Lent? Why not try for an occasional mini-pilgrimage to a Lenten Station Mass?

Moray - St John Oglivie Deanery

All Masses are held at 11:00

- Wednesday 4 March: St Sylvester’s, Elgin
- Tuesday 10 March: St Margarets, Forres
- **Wednesday 18 March: Our Lady of Mount Carmel, Banff**
- Wednesday 25 March: St Peter’s, Buckie
- Wednesday 1 April: St Thomas’, Keith



13. HOLY WEEK

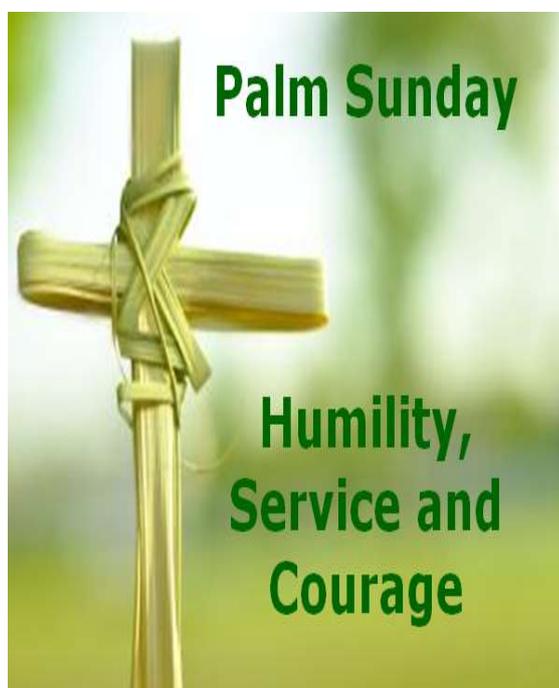
Holy Week begins with **Passion Sunday** also known as **Palm Sunday**

Saturday Mass - 6.00pm

Sunday Masses - 10.30am English

- 1.00pm Polish

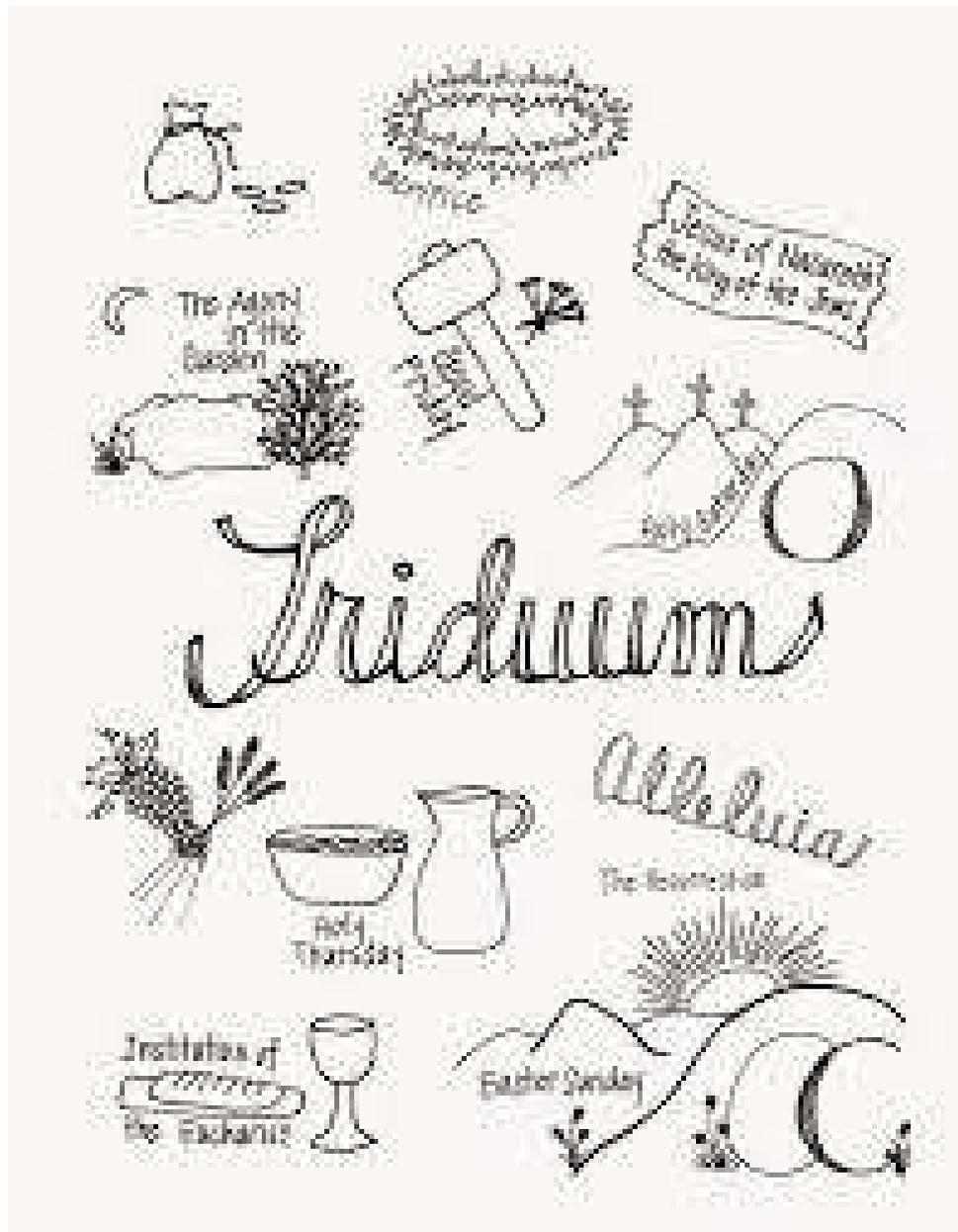
4th & 5th March 2020



If you are free why not go to the Chrism Mass this year? During the mass priests publicly renew their vows and the oils usually used to administer the sacraments are blessed. The Mass will be at **St. Mary's Cathedral, Inverness 2nd April 2019 at 6.00pm**

The statues and crucifixes in the Church will be covered in purple cloth from today until the Easter Vigil.

14. THE EASTER TRIDUUM



**A: MAUNDY THURSDAY MASS OF THE LORDS SUPPER -
9th APRIL 2020 in English and Polish**

TIME: 7.00pm

Volunteers required for washing of the feet

Mass followed by devotion at the Altar of Repose

Holy Thursday

-During Lent, we should; live as children of the light, performing actions good, just and true - (see Ep 5:1-9).

-HOLY THURSDAY is the most complex and profound of all religious observances, saving only the Easter Vigil. It celebrates the institution by Christ himself of the Eucharist, His last supper with the disciples, a celebration of Passover, He is the self-offered Passover Victim, and every ordained priest to this day presents this same sacrifice

-The Last Supper was also Christ's farewell to His assembled disciples, some of whom would betray, desert or deny Him before the sun rose again.

-On Holy Thursday there is a special Mass in Cathedral Churches, attended by as many priests of the diocese as can attend

Lenten Prayer for Holy Thursday

Jesus, in these last few days leading up to Easter, as I recall your passion and death, let me remember that, above all, I am called to feed your sheep. You have given me a model of how to live; may I strive to be all that you created me for, spreading the love of God and the truth of our Catholic faith wherever I am able. You are the way, the truth, and the life. Amen.

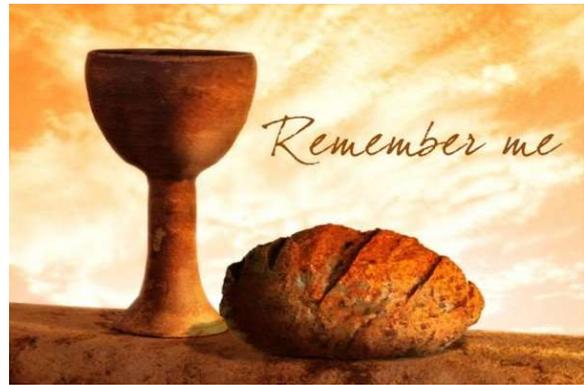


I have given you a model to follow, so that as I have done for you, you should also do.
John 13:15

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Photo @freebibleimages.org

Holy
Thursday

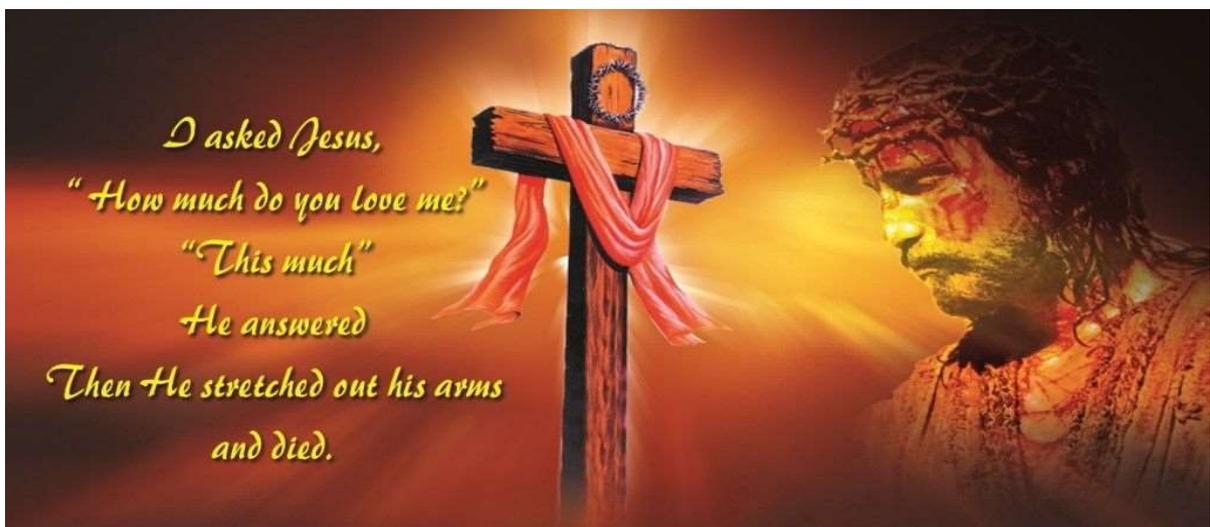


B. GOOD FRIDAY THE CELEBRATION OF THE PASSION OF OUR LORD – 10th April 2020

3.00pm

followed by Banff Churches together Walk of Witness at 4.15pm

7.00pm Service in Polish followed by Stations of the Cross in Polish



Lenten Prayer for *Good Friday*

Jesus, no one knows change better than you. You died on the cross, and three days later you rose from the dead. Forty days later you ascended into heaven and left the world transformed for the rest of time. Help me to transform my soul, to die to sin and death and be reborn in your love and eternal life. Amen.



THE EASTER SEASON

◉ Time Frame

- Begins with the Easter Vigil
- Lasts 50 days
 - ◉ Includes Ascension Thursday (HDoO)
 - 40 days after Easter
 - ◉ Ends with the celebration of Pentecost
 - 50 days after Easter



THE IMPORTANCE OF THE EASTER VIGIL

- It is the most important Mass of the liturgical year.
 - It is the first official celebration of the Resurrection of Jesus.
 - The Paschal candle (the large white one) is blessed and lit, and this will be used throughout the entire Easter season.
 - Catechumens are received in the Church.
 - You get to renew your baptismal vows.
 - There are 7 readings, and the vigil itself lasts for quite awhile.
- It is the most beautiful liturgy.
 - The Exsultet/Easter Proclamation is chanted.
 - The Litany of the Saints is sung.
 - For the first time after the season of Lent, we get to use the Gloria and Alleluia again.
 - The first part of the vigil, the Service of Light, includes a lot of symbolism.
- The solemn season of Lent culminates with the Easter Vigil.

“On this radiant night, let us ask the Lord to give us a share in his Resurrection. May he open us to the newness that transforms, to the beautiful surprises of God. May he make us men and women capable of remembering all that he has done in our own lives and in the history of our world. May he help us to feel his presence as the one who is alive and at work in our midst. And may he teach us each day, dear brothers and sisters, not to look among the dead for the Living One. Amen.”

– Pope Francis, Easter Vigil 2013

E: EASTER SUNDAY MASSES - 21st April 2019

TIMES **8.00am Polish**
10.30am English
1.00pm Polish

*Christ
is
Risen!*



Wesołych Świąt Wielkanocnych



Happy Easter

Prayer for *Easter*

Almighty Father, I thank you for the gift of your son, Jesus Christ, who rose from the dead and redeemed humankind. Fill us with the fire of the Holy Spirit, that we may be faithful disciples and enthusiastic witnesses of our Catholic faith. Alleluia, Christ is risen! He is risen, indeed.



15. FAMILY COMPETITION TIME

"I am the resurrection and the life" John 11:25



Families are encouraged to create their own Resurrection Gardens over Lent and bring them to the Church on Easter Sunday.

There will be prizes for the best 3 gardens.

16. MASSES IN THE EASTER SEASON

Saturday Mass - 6.00pm

Sunday Mass - 10.30am English

- 1.00pm Polish

18th/19th April 2020 - 2nd Sunday Easter

25th/26th April 2020 - 3rd Sunday Easter

2nd/3rd May 2020 - 4th Sunday Easter

9th/10th May 2020 - 5th Sunday Easter

16th/17th May 2020 - 6th Sunday Easter

23rd/24th May 2020 - 7th Sunday Easter

Feast of the Ascension

Thursday 21st May 2020

Holy Day of Obligation

Mass time 9.30am and 7.00pm

In English and Polish



17. The Feast of Pentecost – 30th/31st May 2020

Saturday Mass - 6.00pm

Sunday Mass – 10.30am English

- 1.00pm Polish



18. PARISH EASTER GET TOGETHER

3.00pm on 2nd Sunday of Easter in the Parish Parlour 19th April 2020

A get together to explore further our different Easter traditions and Easter foods.

Bring along some of the foods you would have at Easter. Let us learn more about or different backgrounds.

We look forward to seeing you there.



19. Scottish Easter Traditions

1. Easter egg hunts



First of all, an easter egg is a hollow, egg-shaped chocolate treat. Children (and adults!) all over the country look forward to their baskets of Easter eggs, which they receive on Easter Sunday.

Children are told that the eggs are delivered by the Easter Bunny.

Yes, that's right – a rabbit.



The story of the Easter Bunny comes, originally, from German folk stories. The rabbit lays the eggs and delivers them to the children if they have been good over the Easter period.

Easter Egg hunts often take place on Easter morning, if the weather is good. Adults hide small Easter eggs in the garden, house, or village and the children must follow clues in order to find them. Usually, there are enough Easter eggs for all the children to enjoy.

2. Egg painting

Eggs, as you may by now have guessed, are a big part of Easter in Britain. They symbolise new life and represent the rebirth of Jesus.

Before we had chocolate eggs, children would often decorate real eggs to mark the occasion. A lot of children still enjoy doing this, but the chocolate eggs are far more popular of course!

3. Egg Rolling

On Easter Sunday, many Scottish families participate in an egg rolling contest. After they're boiled and painted, the decorated eggs are taken to the park where they are rolled down a hill. The person whose egg rolls the farthest distance without breaking is the winner of the contest.



4. Hot Cross Buns

Hot cross buns are another delicious tradition in UK. These raisin filled buns are toasted, lathered in butter and before being enjoyed with a nice cup of tea.



The crosses symbolise the Christian belief that Jesus died on the cross for their sins.

Traditionally, they would be eaten on Good Friday

5. Easter Sunday Dinner

A roast dinner, usually of Roast Lamb, is traditional in Scotland on Easter Sunday



6. Simnel Cake

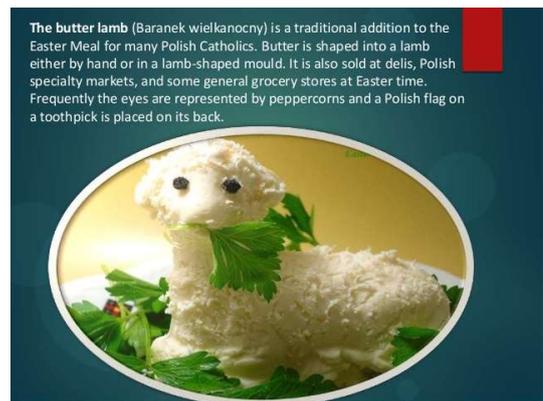
Simnel cake has been eaten since medieval times as both a rich, sweet treat and a symbolic ritual. The fruit **cake** is topped with eleven marzipan balls to represent the eleven apostles of Christ, minus Judas. Packed with fruit, spices and marzipan. It used to be eaten on Mothering Sunday which occurs during Lent but is now associated with Easter.



20. Polish Easter Traditions

Easter breakfast

On Easter Sunday after the Sunrise Service, families sit down and eat together. Tables are covered with a white cloth and are decorated with Easter eggs, fluffy chicks, and catkin or fresh flowers, which create a spring atmosphere. The basket with blessed food is placed in the centre. Easter breakfast begins with sharing blessed eggs, a tradition with similar symbolic significance to the sharing of the Christmas wafer. On this solemn morning, the food that was blessed on the previous day is eaten first. Then follow the traditional sour rye soup, meat, cold cuts, pâté, stuffed eggs, and for dessert: babka (sweet yeast cake), cheesecake and mazurek (pastry with a generous layer of chocolate or dulce de leche icing decorated with dried fruit and nuts). Children love being given chocolate bunnies, chicks and lambs.



The **butter lamb** (Baranek wielkanocny) is a traditional addition to the Easter Meal for many Polish Catholics. Butter is shaped into a lamb either by hand or in a lamb-shaped mould. It is also sold at delis, Polish specialty markets, and some general grocery stores at Easter time. Frequently the eyes are represented by peppercorns and a Polish flag on a toothpick is placed on its back.

Easter Monday

Śmigus–Dyngus – Wet Monday is celebrated on the second day of Easter. On this day, people splash others with water: both relatives and strangers. The tradition derives from old pagan customs related to the symbolic awakening of nature and spring cleansing of dirt and illnesses. Girls that were soaked on this day increased their chances of getting married.

In many villages in southern Poland, the tradition of sprinkling fields with holy water on Easter Monday is still very much alive. It is often accompanied by tricks played on neighbours, such as changing gates, placing farming tools on roofs or hiding water buckets.



Easter games

People in Poland have played 'cracking eggs' for centuries. Two people strike Easter eggs held in their palms against each other. The holder of the stronger, uncracked egg is the winner.



PRAYER TO OUR LADY OF MOUNT CARMEL

Verses to Our Lady of Mount Carmel as prayed at the Carmelite friary at Aylesford, Kent

V. Blessed Virgin of Mount Carmel;

R. Be our constant hope.

V. Mary, perfect disciple of the Lord;

R. Make us also faithful to him.

V. Mary, Flower of Carmel;

R. Fill us with your joy.

V. Virgin Mary, beauty of Carmel;

R. Smile upon your family.

V. Gentle Mother of Carmel;

R. Embrace me as your child.

V. Mary, Mother beyond compare

R. Remember your children forever.

V. Holy Virgin, Star of the Sea;

R. Be our beacon of light.

V. Protecting Veil;

R. Shelter us in the mantle of your love.

V. Mary, conceived without sin;

R. Pray for us who have recourse to you.

Let us pray:

O Father of all, look upon us as your children,
and support us with your strength.

May we, who honour the memory of

Our Lady of Mount Carmel,

always rejoice in her unfailing protection.

Through Christ our Lord. **Amen.**

ROTA FOR READERS

Date	Sunday	Reader	Welcome	Extra-ordinary Ministers of Eucharist
1 st March	1 st Sunday in Lent A	Duncan	Ann	Jimmy or Tina or Fiona
8 th March	2 nd Sunday in Lent A	Peter	Ann	Jimmy or Tina or Fiona
15 th March	3 rd Sunday in Lent A	Glen	Ann	Jimmy or Tina or Fiona
18 th March	STATIONS MASS 11am – St. Cyril of Jerusalem, Bishop	Tina	Volunteer needed	Jimmy or Tina or Fiona
22 nd March	4 th Sunday in Lent A	Christine	Ann	Jimmy or Tina or Fiona
29 th March	5 th Sunday in Lent	Tina	Ann	Jimmy or Tina or Fiona
5 th April	Palm Sunday Reading of the Passion – multiple readers required	Duncan – 1 st and 2 nd Readings Gospel – Narrator – Fiona Pilate – Glen or Peter Crowd – Christine Jesus – Father Piotyr	Ann	Jimmy or Tina or Fiona
9 th April	HOLY THURSDAY	Glen – 1 st Reading Polish Reader 2 nd Reading	Ann	Jimmy or Tina or Fiona
10 th April	GOOD FRIDAY Reading of the Passion – multiple readers required	Christine 1 st Reading Polish – 2 nd Reading Gospel – Narrator – Glen Pilate Duncan Crowd – Tina Jesus – Father Piotyr	Ann	Jimmy or Tina or Fiona

11 th April	HOLY SATURDAY Easter Vigil – Multiple Readers Required Some of the readings in Polish	Reading 1: Genesis 1:1-2:2 English Volunteer Reading 2 Genesis 22: 1-18: Polish Reading 3 Exodus 14:15-15:1– English Volunteer Reading 5 Isaiah 55:1-11 Polish New Testament Reading Romans 6:3-11 in English Volunteer Gospel in English and Polish	Ann	Jimmy or Tina or Fiona
12 th April	Easter Sunday A	Peter	Ann	Jimmy or Tina or Fiona
19 th April	2 nd Sunday Easter A	Duncan	Ann & Dirk	Jimmy or Tina or Fiona
26 th April	3 rd Sunday Easter A	Peter	Ann & Dirk	Jimmy or Tina or Fiona
3 rd May	4 th Sunday Easter A	Glen	Ann & Dirk	Jimmy or Tina or Fiona
10 th May	5 th Sunday Easter A	Peter	Ann & Dirk	Jimmy or Tina or Fiona
17 th May	6 th Sunday Easter A	Tina	Ann & Dirk	Jimmy or Tina or Fiona
21 st May	Feast of the Ascension A	Volunteers English and Polish	Volunteer Required	Jimmy or Tina or Fiona
24 th May	7 th Sunday Easter A	Christine	Ann	Jimmy or Tina or Fiona
31 st May	Feast of Pentecost A	Duncan	Ann	Jimmy or Tina or Fiona