



Our Lady of Mount Carmel Church

Sandyhill Road, Banff, AB45 1BE

Email: catholicchurchbanff@gmail.com

Tel: 01261 815405

Rev. Piotr Rytel – Parish Priest

FIFTH SUNDAY OF THE YEAR A, 5 FEBRUARY 2023

MASS SCHEDULES

Monday - Tuesday

No public Mass

Wednesday – Saturday

9am (Adoration)

9.30am

Sunday

6pm (Saturday Vigil)

10.30am (English)

12noon (Polish)

Confessions

Saturday

10.00am (After Mass)

or call to make an appointment.

Last week in these Notes there was a certain ambiguity over the word Poor; did it mean actual law of wealth, or was poor 'in spirit' a way of excusing oneself?

Today there is none, from the start of 1R. This is a portrait of a life well-lived, one with integrity, a word repeated from the 1R of last week. It is worth reading the whole chapter (58) which I about true and false devotion. This reading could be preceded with the words 'Is this not the sort of fast that pleases me...' The passage ends with Light, again from last week, and the psalm response takes this up again, and gives another list of virtues of a life lived with integrity, including, once again, giving to the poor. How do we measure up against such a list? Last week, though, it was the Lord who was the light; this week it is human beings. So the Gospel says, not 'I am the light' (John 8:12,17) but 'You are the light of the world.' Neither this accolade nor the proverbial 'the salt of the earth' are words that we can use of ourselves, that would be presumptuous, so it is great privilege to be addressed in this way by Jesus. We are sparing in our use of the words 'the salt of the earth' and 'hiding your light under a bushel' (here, a tub). Do we deserve them? To make a start, we must share our bread with the hungry - perhaps in a food bank?

Liturgy Planner

For Today Mass

Responsorial psalm

The good man is a light in the darkness for the upright.

Gospel acclamation

I am the light for the world says the Lord, anyone who follows me will have the light of life.

Jezus zawsze lituje się nad nami... On nas nigdy nie porzuci i nie opuści... On jest dobrym pasterzem, wielkim pasterzem owiec, który zmartwychwstał dla naszego usprawiedliwienia i zbawienia. W Nim mamy nową naturę, nowe życie i możemy wypełniać wolę Ojca, czyniąc wszelkie dobro, ponieważ jaki On jest, tacy i my jesteśmy na tym świecie. Jego łaska wystarcza.

Wielu narzeka, że tak wiele jest zła wokół, że nic nie da się zrobić. Gdyby spojrzeć na wątłe światło w ciemności, albo na zwykłą świeczkę zapaloną w mroku nocy zrozumiemy jak wystarczająco oświetla drogę idącym. Tak niewielka ilość soli nadaje smak potrawom. Dlatego niewielu chrześcijan potrzeba, by oświetlić drogę innym. To my mamy być światłem i solą nie zrażając się tym, że jesteśmy mali i słabi. Powinniśmy jednak być otwarci na Ducha Świętego i przejrzyci, aby światło Jezusa oświetlało świat. Mateusz.pl

**SAINTS DAYS
and SPECIAL
OBSERVANCES THIS
WEEK**

Monday 6th February
**St Paul Miki and
Companion**

Tuesday 7th February
5th Weekday of the Year

Wednesday 8th February
5th Weekday of the Year

Thursday 9th February
5th Weekday of the Year

Friday 10th February
St Scholastica

Saturday 11th February
5th Weekday of the Year

PRAYERS

Please pray for the
repose of the soul of
those whose
anniversaries occur
about this time

**Eternal rest grant
unto their souls,
O Lord. May they
rest in peace. Amen.**

**NO MASS
MONDAY TO
THURSDAY**

KOLEĀDA

Bóg zapłać za wspólną
modlitwę i okazaną
życzliwość w czasie kolędy.
Rodziny, które by chciały
pobłogostawić mieszkanie
lub dom, zawsze mogą
poprosić o to księdza w ciągu
całego roku. Nie trzeba
czekać do kolejnej kolędy.

CHRZEST

Zamiar ochrzczenia
dziecka zgłaszamy do
biura parafialnego na
**miesiąc przed datą
chrztu**

MAŁŻEŃSTWO

Zamiar zawarcia
sakramentu
małżeństwa zgłaszamy
do biura parafialnego
na **6 m-cy przed
datą ślubu**

DECEMBER FINANCES

Income: £1850.20
Expenses: £3902.80
Balance: -£2052.60

Bank account: £3278.75

GIFT AID

If you are a UK
taxpayer, ensure all
your contributions to
the OLMC Banff are
Gift-Aided by
registering for the
OLMC Banff Gift Aid
scheme. This means we
can claim an additional
25% on top of all
contributions you make
in whatever form,
without it costing you a
penny more!!

To complete GIFT AID
DECLARATION
FORM please contact
Parish Office

THANK YOU

We thank you for
your spectacular
generosity. Your
generous support of
our Parish and your
help with the needs
of our community is
greatly appreciated!

COLLECTIONS

Sunday's Collection
5 February 2023
Cash – £307.00
Gift Aid – £40.00

SCHOOL OF FAITH

Our Sunday Teaching
form Catechism of the
Catholic Church will
resume from
First Sunday of Lent